



Lifelong Learning Programme

## Helpful small communities: Integrate disadvantaged women by applicable adult education

Grundtvig Learning Partnership Project No. 2010-1-DE2-GRU06-046701

### Project summary

Operative adult education in context with social inclusion of disadvantaged women needs new input. It is important to find pathways for those persons and to help them to find a way back into the social community and stabilize their life in family and work. The common work is to be focussed on social adult education in smaller communities / municipalities, on therapy inclusion programmes like joint household groups / social farming / gardening and strengthen key competences like communication/languages. Adult education providers exchange and test good practice, how to develop a good education and assistance system for vulnerable women.

Main subjects are: Operational task for pedagogic teams, requirements of the attendant group of women, establishing a "secured" frame where the therapy methods can take place and to win the local social-economic community as a helpful partner.

In meetings and study groups, attended by pedagogical staff and attendant women, innovative ideas will become more and more practically and be tested in the different locations. E.g. there will be lessons in soft skills and in foreign languages for the women, to support their active participation in society and labour market and in using and exchange European wide knowledge.

The experience in these topics can be used (from institutions and learners) in a Europeanwide knowledge transfer and supports special kind of (therapy) learner mobility.

### Project Objectives and Strategy

#### **Objectives**

- To have an exchange of good practice in adult education projects with disadvantaged women (in all ages of life) and the special possibilities to realize this in smaller communities.
- To make it possible, that concerned women can take an active part in the project and in international project meetings to have exchange with people, which live in the same circumstances.
- To develop and/or improve education methods (e.g. teaching soft skills and foreign languages) addressed to disadvantaged women.

- To develop - based on the experiences in the partnership - a good practice concept, how small initiatives can practice ongoing useful European contacts and mobility.

## **Subjects**

In the participating smaller communities it's easy to establish a "secured frame" for this kind of activities. The tasks for the pedagogical teams are different, sometimes they are more involved or not, sometimes the (women)learners are more free to organize themselves. The location (small community, farm, (city-)garden) where the "therapy" takes place, can have a strong influence for

the success, is it the right place to find a

little distance to daily problems and to get a calm focus on the own situation? The partners up to now are focussed on the local problems (people, arrangement with social authorities). In the partnership it will be realized, that from every place we can use this or those positive aspect of work. To implement it into the own work, it's not enough to hear about it in the meetings, it need's ongoing consultation. In the project a innovative way of consultancy - including the learners - can be tested in the first steps.

## **Approach**

- Central project meetings will be attended by staff and learners, learning about variety methods, different "learning places" and test innovative ideas. Internet presence and newsletter will secure permanent exchange, discussion and learning.

- The (women) learners are in the middle of the project, developing and testing innovative ideas and give feedback to the pedagogic teams

- The topics social inclusion, soft skills, workshops, therapy groups, social methods, theatre project, are content of a project accompany test programme

- The project strengthen the experience (testing soft skills, learners motivation, therapy success) and all topics are so important, that they can be a continuous basis for European exchange and mobility.

## **The partnership**

### **Germany: coneedeGBildungswerk**

- Connecting rural communities in Europe to support international education contacts
- Management of international traineeships and employment assistance
- Support common projects of small municipalities and groups in rural Europe

### **Latvia: Biedriba „Malpilstautskola“**

NGO "Malpils Folk School" is an organization working in the development of the lifelong learning and international contacts between education institutions, NGOs and other social partners. The members of the NGO "Malpils Folk School" are educational and culture institutions of the municipality Malpils: 5 schools, culture house, museum, information centre.

**Poland: Fundacja Zdrowie Trzeźwość**

The non-governmental Foundation has – for e.g. - following aims and tasks:

- publishing a magazine for therapists,
- helping addicts and their families,
- promoting healthy and sober life style,
- organizing activities and taking measures

aimed at prevention,

- helping to educate other people who work

with addicts and people endangered with

social exclusion

**Italy: Centro Studi Formazione Orientamento CE.S.F.OR**

CE.S.F.OR. is a non profit organization that works in the fields of Education, Training, Guidance, Counselling and Mobility for young people and adult citizens. Cesfor activities are aimed to the total growth of the human person and his social inclusion. Moreover Cesfor works for the development and learning of the organizations through innovative methodologies, training activities, counselling and research.

**Portugal: Centro de Estudos e Formação Aquiles Estação, Lda**

The Vocational School provides courses, that gives to students the secondary level and professional qualifications. The school promotes local, regional and international projects Our School, approaches professional education in a perspective that privileges the development of the abilities techniques, allied to one strong personal and professional preparation

**Schedule project meetings**

Germany: 10.10.2010 - 13.10.2010

Poland: 19.06.2011 - 22.06.2011

Italy: 23.10.2011 - 26.10.2011

Portugal: 24.03.2012 - 28.03.2012

Latvia: 10.06.2012 - 13.06.2012

This project has been funded with support from the European Commission. This publication reflects the views only of the author, and the Commission cannot be held responsible for any use which may be made of the information contained therein.